

2012 April
Sri Prasansaramaya, Walpola, Ragama

PRAY CONSTANTLY

(I Thessalonians : 17)

PREPARATION FOR THE FEAST OF THE PENTECOST 2012

The seven week 50 day Meditational Prayer.

Jesus Christ presented himself alive after his passion by many proofs, appearing to them during forty days, and speaking of the kingdom of God. And while staying with them he charged them not to depart from Jerusalem, but to wait for the promise of the Father, which, he said, "you heard from me; for John baptized with water, but before many days you will be baptized with the Holy Spirit." Acts 1:3-5

THE FIRST PENTECOST

Following the great event of Jesus' resurrection from the dead Jesus directed His disciples to enter into a forty day preparation prior to His ascension to heaven to the right hand of His Father. Though the proximal preparation of the 120 disciples together with the Blessed mother is recorded as 10 days the total time counted from the day of the resurrection to the day of the Pentecost it is 50 days. It is our belief that the Church was born at the moment Jesus "breathed" His last upon the small community at the foot of the cross. Similarly the incident that is reported in John 20:22 when Jesus on the evening of the day of the resurrection appeared to His disciples, breathed on them and said "Receive the Holy Spirit" is made to come alive in the report presented by St. Luke in the acts of the apostles chapter 2 as the event of the Pentecost. So the essence of the message is that the church had its birth with the coming of the Holy Spirit.

THE DAY OF RENEWAL OR NEW PENTECOST

It is 45 years since the Catholic Church experienced a new Pentecost as a result of the prayer of Pope John XXIII. (11.02.1967). A few years after this glorious event, specifically in 1971, the Church in Sri Lanka also had the good fortune of entering into the experience of the Baptism of the Holy Spirit. Therefore because the beginning of the Kithu Dana Pubuduwa (Apostolate of renewal) is attributed to a sovereign act of the Holy Spirit, an enduring bond exists between the feast of the Pentecost and the Kithu Dana Pubuduwa. Therefore the eve of the feast of the Pentecost is considered the day a New Year dawns on the Kithu Dana Pubuduwa. Traditionally for the last 41 years the Kithu Dana Pubuduwa has stepped into a new year with a new revelation ("Theme") and a powerful anointing by the Holy Spirit.

PREPARATION

The Kithu Dana Pubuduwa in the Catholic Church in Sri Lanka enters the season of Advent with the "Advent Bhavana" at the start of the Catholic liturgical year. Again during the forty days of lent the "Lenten Bhavana" is conducted culminating in the "Paschal seminar" where the participants enter into the spiritual experience of "crossing over" during the Holy Week and straight away step into the season of "seven weeks" (50 days) of continuous prayer. What follows is the proximal preparation of 10 days where we enter into the experience that the 120 disciples together with the blessed Mother had in the upper room prior to the first Pentecost. After this great preparation comes the Feast of the Pentecost which is the beginning of the New Year for the Kithu Dana Pubuduwa.

Entrance To The New Year

The theme for the year 2012 is "**Nought Else But Your Word O Lord**". Therefore the fifty days prior to the feast has been declared as a time of prayer so that we could enter more deeply into the five main words that we focused on during the Lenten meditation.

1. Let there be light
2. Giving the foremost place to the word of God respecting "The year of the Word of God" proclaimed by the Archdiocese of Colombo.
3. Giving due emphasis to the "Year of Faith" 2012/2013 declared by Pope Benedict XVI.
4. Protecting, respecting and loving nature and creation.
5. "Begin Now"

Let us give special attention to these five words during these fifty days of continuous prayer.

Continuous Prayers in Chilaw Region

Continuous Prayers in Chilaw Region will be held at Sri Dharmaramaya and it will be organised by the Leadership there. Please see that all Pubudu members participate. Prayers will begin on 9th April and will continue till 21st April.

Local Communities will participate in these prayer sessions as follows :

Date	Time	Date	Time	Community
09 th April	From 6.00 am to	10 th April	6.00 am	Pitipana Veediya
10 th April	From 6.00 am to	11 th April	6.00 am	Aluthwatte
11 th April	From 6.00 am to	12 th April	6.00 am	Weralabada
12 th April	From 6.00 am to	13 th April	6.00 am	Bangadeniya/Kanjukkuliya
13 th April	From 6.00 am to	14 th April	6.00 am	Vijayakatupotha
14 th April	From 6.00 am to	15 th April	6.00 am	Bandarawatte
15 th April	From 6.00 am to	16 th April	6.00 am	Rathnauyana/Karukapane
16 th April	From 6.00 am to	17 th April	6.00 am	Madampe
17 th April	From 6.00 am to	18 th April	6.00 am	Marawila
18 th April	From 6.00 am to	19 th April	6.00 am	Thoduwawa
19 th April	From 6.00 am to	20 th April	6.00 am	Kudamaduwella
20 th April	From 6.00 am to	21 st April	6.00 am	Ambakandawila

Communities in Foreign Countries

The leadership in foreign countries is required to organise these continuous prayers in a suitable manner. Guidelines to prayer are found in our Web.

www.kithudanapubuduwa.net

Chain Prayer in Distant Communities

Continuous prayers in distant communities will be organised in the form of a 'chain Prayer'.

Subandhi Bro. Terrance and the leaders of these distant communities will take steps to organise this from 9th April to 15th May in the following communities:

1. Kandy
2. Nuwara Eliya
3. Kurunegala
4. Kegalle
5. Badulla
6. Anuradhapura
7. Elpitiya
8. Trincomalee
9. Kuliypitiya

Chain Prayer in Puttalam Region

Continuous Prayers in Puttalam Region will be held at "Muthu Kumaru" Puubudu Centre Puttalam and it will be organised by the leaders there.

Please see that all IPuubudu members participate in these prayer sessions.

These prayers will be held from 13th April 6.00 am to 14th April 6.00 am.

Continuous Prayer in Ratnapura Region

Continuous Prayers in Ratnapura Region will be held at "Sudharshanaya" Puubudu Centre, Ratnapura. Leaders of Ratnapura Region will organise it. Please see that all members of the Pubuduwa Community participate. These prayer sessions will be held from 6.00 pm 14th April to 6.00 pm 15th April.

Palakuda Region

Continuous Prayers in Palakuda region will be held at Sri Ramyaramaya Pubudu Centre and this will be organised by the leadership there.

These Prayer sessions will be held from 9th April upto 13th April as follows:

	Date	Time	Date	Time	Prayer Group
	9 th April	6.00 am	10 th April	6.00 am	Palakuda
	10 th April	6.00 am	11 th April	6.00 am	Mampauriya
	11 th April	6.00 am	12 th April	6.00 am	Kalpitiya
1	2 th April	6.00 am	13 th April	6.00 am	Kandakkuliya

The following will also take place daily at Sri Prasansaramaya during these continuous prayers.

- 6.30 am Official Morning Prayers
- 7.00 am Holy Mass
- 12.00 noon Holy Spirit Meditation

Special Invitation !

We invite all our past active members who are now disabled due to age or various ailments to be with us in your prayers during these days. We request you to ask the Good Lord to grant a new Pentecost to Pubuduwa. The Lord will definitely listen to your prayers.

upto 6.00 am Sunday 27th May 2012

**Coming to Sri Prasansaramaya to participate in the
Continuous Prayer Sessions to be held in “Nidhanaya”
(23rd April to 16th May)**

No.	Date	Time	Date	Time	Praise Group
01	April 23 rd	From 6.00 am to	April 24 th	6.00 am	Hanwella Community
02	April 24 th	From 6.00 am to	April 25 th	6.00 am	Makavita, Weliveriya
03	April 25 th	From 6.00 am to	April 26 th	6.00 am	Gampaha, Mirigama
04	April 26 th	From 6.00 am to	April 27 th	6.00 am	Seeduwa, Udammita
05	April 27 th	From 6.00 am to	April 28 th	6.00 am	Kotugoda, Kalutara Com.
06	April 28 th	From 6.00 am to	April 29 th	6.00 am	Polgahahena
07	April 29 th	From 6.00 am to	April 30 th	6.00 am	Peralanda
08	April 30 th	From 6.00 am to	May 1 st	6.00 am	Hapugoda
09	May 1 st	From 6.00 am to	May 2 nd	6.00 am	Walpolu, Tudella
10	May 2 nd	From 6.00 am to	May 3 rd	6.00 am	Kandana
11	May 3 rd	From 6.00 am to	May 4 th	6.00 am	Ragama
12	May 4 th	From 6.00 am to	May 5 th	6.00 am	Pamunugama, Bopitiya
13	May 5 th	From 6.00 am to	May 6 th	6.00 am	Ekala, Tudella
14	May 6 th	From 6.00 am to	May 7 th	6.00 am	Weligampitiya, Thibbatugoda
15	May 7 th	From 6.00 am to	May 8 th	6.00 am	Nagoda
16	May 8 th	From 6.00 am to	May 9 th	6.00 am	Borella, Battaramulla
17	May 9 th	From 6.00 am to	May 10 th	6.00 am	Mattakkuliya, Kelaniya
18	May 10 th	From 6.00 am to	May 11 th	6.00 am	Enderamulla
19	May 11 th	From 6.00 am to	May 12 th	6.00 am	Dalugama
20	May 12 th	From 6.00 am to	May 13 th	6.00 am	Nayakakanda
21	May 13 th	From 6.00 am to	May 14 th	6.00 am	Willorawatta
22	May 14 th	From 6.00 am to	May 15 th	6.00 am	Moratuwa, Mutwal, Kothalawalapura
23	May 15 th	From 6.00 am to	May 16 th	6.00 am	Panadura, Pannipitiya

The following Time Table is for the Communities in Negombo Region – Pubudu Nivesa,

01	April 15	From 6.00 am to	April 16 th	6.00 am	Wennappuwa
02	April 16 th	From 6.00 am to	April 17 th	6.00 am	Santhanapuraya, Katuneriya
03	April 17 th	From 6.00 am to	April 18 th	6.00 am	Thambarawila
04	April 18 th	From 6.00 am to	April 19 th	6.00 am	Bolawatte, Nainamadama
05	April 19 th	From 6.00 am to	April 20 th	6.00 am	Dankotuwa
06	April 20 th	From 6.00 am to	April 21 st	6.00 am	Kurana
07	April 21 st	From 6.00 am to	April 22 nd	6.00 am	Pitipana
08	April 22 nd	From 6.00 am to	April 23 rd	6.00 am	Yatiana, Madamapella
09	April 23 rd	From 6.00 am to	April 24 th	6.00 am	Negombo
10	April 24 th	From 6.00 am to	April 25 th	6.00 am	Wellawidiya
11	April 25 th	From 6.00 am to	April 26 th	6.00 am	Welihena
12	April 26 th	From 6.00 am to	April 27 th	6.00 am	Kandawala
13	April 27 th	From 6.00 am to	April 28 th	6.00 am	Palangathura

01. 16 th 6.00 am	16 th 12 noon	Prophetic Assembly	16. 19 th 12.00 pm	20 th 6.00 am	Service Committee (Tamil)
02. 16 th 12 noon	16 th 6.00 pm	Advisory Committee	17. 20 th 6.00 am	20 th 12 noon	Service Committee (English)
03. 16 th 6.00 am	16 th 12 pm	National Service Com.	18. 20 th 12 noon	20 th 6.00 pm	National Inner Healing Com.
04. 16 th 12.00 pm	17 th 6.00 am	Fathers' Service Com	19. 20 th 6.00 pm	20 th 12.00 pm	National Web Team & Audio/Visual Team
05. 17 th 6.00 am	17 th 12 noon	Mothers' Service Com	20. 20 th 12.00 pm	21 st 6.00 am	Prabodaya National Service Committee
06. 17 th 12 noon	17 th 6.00 pm	Sumendhi Mothers Service Committee	21. 21 st 6.00 am	21 st 12 noon	Pubudu Surakshana Seva Service Committee
07. 17 th 6.00 pm	17 th 12 pm	National Service Com.	22. 21 st 12 noon	21 st 6.00 pm	Subendhi Community Service Committee
08. 17 th 12.00 pm	18 th 6.00 am	National Service Com. (Girls)	23. 21 st 6.00 pm	21 st 12.00 pm	National Intercessory Prayer Group, Pubudu Press
09. 18 th 6.00 am	18 th 12 noon	National Service Com (Students-Boys)	24. 21 st 12.00 pm	22 nd 6.00 am	Surendhi Community
10. 18 th 12 noon	18 th 6.00 pm	National Service Com.	25. 22 nd 6.00 am	22 nd 12 noon	Subendhi Community
11. 18 th 6.00 pm	18 th 12 pm	National Service Com. (Children)	26. 22 nd 12 noon	22 nd 6.00 pm	Subendhi Community
12. 18 th 12 pm	19 th 6.00 am	National Service Com'.(Surendhi)	27. 22 nd 6.00 pm	22 nd 12.00 pm	Subendhi Community
13. 19 th 6.00 am	19 th 12 noon	National Leadership Team	28. 22 nd 12.00 pm	23 rd 6.00 am	Subendhi Community
14. 19 th 12 noon	19 th 6.00 pm	Intercessory Prayer Group	29. 23 rd 6.00 am	23 rd 12 noon	Surendhi Community
15. 19 th 6.00 pm	19 th 12 pm	Pubudu National Teaching Committee	30. 23 rd 12 noon	23 rd 6.00 pm	Surendhi Community
			31. 23 rd 6.00 pm	23 rd 12.00 pm	Subendhi Community
			32. 23 rd 12.00 pm	24 th 6.00 am	Subendhi Community
			33. 24 th 6.00 am	24 th noon	Subendhi Community
			34. 24 th 12 noon	24 th 6.00 pm	Subendhi Community
			35. 24 th 6.00 pm	24 th 12.00 pm	Subendhi Community
			36. 24 th 12.00 pm	25 th 6.00 am	Subendhi Community

In addition to the date allocated you are invited to join the prayer sessions held at Sri Prasansaramaya on any day at any time as an individual or as a family

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(I Thessalonians 5 : 17)**

All these with one accord devoted themselves to prayer, together with the women and Mary the mother of Jesus, and with his brothers. (Acts 1:14)

- **Let us invite our Blessed Mother into our midst. Let us empty ourselves unconditionally and enter into prayer. We shall begin by praying the 'pubudu rosary.**
- **In order to invite our Lord Jesus Christ into our midst let us pay special attention to uniting unconditionally. Before beginning let us prepare ourselves by taking steps to unite with those whom you find it difficult to do so; forgiving (even in mind) those whom you don't find it easy to do so.**
- **Let us pray continuously to God our Father to send forth the Holy Spirit so that our country, our Church, the Pubuduwa and our discipleship communities may be given a new Pentecost and thus experience a fresh renewal, unity and that they may be of one mind. Let us all adore Him – worship Him – Praise Him – thank Him – permit Him – wait on Him.**

Finally pray the exorcism prayer with authority....

General Instructions regarding the Continuous Prayer

- As a new team has to take over 6am each day, it is advisable for that team to come to Shri Prasansaramaya the previous night.
- Each team is allocated 4 hours each and It is important that for the new team that is due to take-over to be punctual.
- The Morning Prayer (divine office) at 6.30 am followed by Holy mass is included in the first session of the continuous prayer. Therefore those who are scheduled for the first session of each day are kindly requested to come dressed in white.
- While each discipleship community has been allocated 24 hours, the various other groups (6 groups per day) have been allocated 4 hours each. Please take steps to have at least 7 members in any one group.
- It is the responsibility of those in leadership to make sure that a copy of this "Pubudu Puwath" is made available to each and every one who participated in the Pubuduwa Feast of Pentecost last year.
- Facilities for those who like to participate in the full fifty days of continuous prayer can be provided.
- Those who participate in the prayer teams are encouraged to fast during that day.
- During the days that the preparatory novenas are scheduled to take place (26th – 24th May) the continuous prayer sessions will be the responsibility of the Subandhi sangaya, Surandi sangaya and the national coordinating committees.
- Encourage those who come to participate in the Preparatory Novenas to be in constant prayer.
- Instructions regarding this "Continuous Prayer" are also posted in our web-site.

THE PRAYER OF COMMAND TO CAST OUT THE EVIL ONE AND HIS MALEVOLENT WORK

By the authority of almighty God most high, and through the protection of our Savior Jesus Christ, Who was born of the Blessed Virgin Mother and conquered death, and through the protection of the Holy Spirit Who sanctifies the whole world: **We command you unclean and evil spirits**, who roam hither and thither looking for an opportunity to seduce mankind, to persecute the church, to oppress those whom God has chosen and sift them like wheat, to depart to the abyss of hell.

We vehemently exhort and compel all evil forces, phantoms and evil spirits **be banished** in the name of the Holy Name of the Lord Jesus Christ and be bound on earth by the power of the Saviors precious blood, **to stop forthwith** the possession and oppression of those who have been saved by the death of the Lord Jesus Christ on the cross, washed by His precious blood, cleansed by His sacred wounds, liberated by the nails of the cross, born anew by the immaculate

conception of the Blessed Mother and strengthened by the blood of the martyrs. **We command** that all sorcery, witchcraft, curses, magic charms and spells that has the devil, as its origin be burnt to ashes and be blown to smithereens and utterly destroyed. Furthermore, **we compel you to stop** deceiving humanity through temptations to rely on auspicious times and astrology.

Let it be known you evil spirit, that this is the command of God our Father who desires that all who come to Him be saved.

God the Father adjures you, God the Son adjures you, God the Holy Spirit adjures you to be cast out into the exterior darkness of hell.

In the name of the living God, in the name of God who is truth, in the name of God Who is Holy, **we command you to be cast out at once. Stop** at this very moment your deceitful and wicked works against humankind. **Submit** under the hand of the Almighty and Eternal God.